

Press Release of Hadrian's Wall Path: Walking into History

Contact:

Jane V. Blanchard

jane@janevblanchard.com

941-726-6623

<http://WalkingIntoHistory.com>

If you could be transported back in time, would you?

Meet the ancient Romans while hiking Hadrian's Wall Path

Sarasota, Florida, March 15, 2015 – Jane V. Blanchard hiked 84 miles along the ancient Roman's northernmost frontier, and stepped back into history. Making her way along Hadrian's Wall Path, now deemed a World Heritage Site, the author sensed the presence of the Romans and felt as if she too were walking among them.

In the "To My Readers" section of the book, Jane writes: "I was completely unprepared for walking into history. For me, Hadrian's Wall Path became a conduit to the ancient Romans, their enemies the Picts, and life almost 2000 years ago. For the first time, history was more than dates, facts, and relics. As I walked The Path, the distinctions between the present and the past blurred. At times, I was walking along with others from an era long ago, entering the forts, and watching for marauders from the north." Learn how she was transported back in time in *Hadrian's Wall Path: Walking into History*. (CreateSpace Independent Publishing Platform; 1st edition (March 15, 2015) ISBN-13: 978-1507874783 \$17.95. <http://WalkingIntoHistory.com> Also available as an ebook at most ebook publishers for \$4.95).

In the book you will

- Discover what Hadrian's Wall encompasses—then and now.
- Learn about Roman life and what it was like living on Rome's most northern frontier.
- Visualize the beauty of northern England through Jane's vivid descriptions and more than 130 photographs and illustrations.
- Find out about the current English culture and lore.
- Understand why so many people visit sites along the Hadrian's Wall Path.

Hadrian's Wall Path: Walking into History received the prestigious 2015 President's Award from the Florida Authors & Publisher's Association for adult non-fiction.

Jane V. Blanchard is the author of the "Woman on Her Way" series, books that describe her backpacking adventures on ancient European routes or primitive wilderness trails. Since her retirement in 2011, she has visited sixteen countries by foot and by bicycle, and written two books about her wanderings. Now 65+ years old, she plans more backpacking trips and books.

After completing the 84-mile hike, Jane offers these tips for those planning to walk Hadrian's Wall Path.

Tip 1. Walk Hadrian's Wall Path from west to east.

When hiking, it is wise to have the prevailing winds behind you. The strong wind can help push you up the steep escarpments, and it's nice not to have a chilly blow in your face.

Tip 2. Don't be in a rush

Experienced hikers can walk the 84-mile (135-kilometer) path in about six days. However, to fully experience the historic aspect of this World Heritage Site, plan extra time to read the information panels, visit museums and forts, and explore the ruins.

Tip 3. Use the Hadrian's Wall Bus.

Plan a base, either a hostel, campsite, or B & B, from which you can move forwards and backwards along The Path. Take the bus to that day's desired starting point, and then walk back to the base or walk forwards and return to the base by bus.

The bus runs from Easter through the end of September. One, three, and seven day passes for the service are sold on the bus and at the tourist information centers.

Tip 4. Use the Visitor Centers

At the visitor centers, you can find out about local lore and customs, the best places for dining, local events and entertainment, and purchase maps and souvenirs. They help make accommodation arrangements, which is helpful during busy season, especially when traveling by foot.

Tip 5. Plan the itinerary and reserve accommodations.

Though there are agencies that will plan your itinerary for a fee, sites such as Hadrian's Wall Country and Hadrian's Wall Path make it easy to develop the itinerary and assist in choosing quality-assessed accommodations. The only problem with using these Website to plan your Hadrian's Wall Path hike is that, without knowledge of the trail, it is difficult to determine how far to travel in a day. At the western and eastern terminus, the terrain is relatively flat and there is less to see of the Wall remains. For this reason, an experience hiker could plan long-distance days. In the central portion, the terrain is more difficult and there is much to see and visit. If reading the information panels and visiting museums is important to you, make sure to plan short-distance days.

For more information about Hadrian's Wall Path and a sample chapter, visit [Walking Into History](#)

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About the Author:



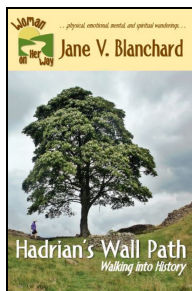
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Website: <http://WalkingIntoHistory.com>

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About *Hadrian's Wall Path: Walking into History* :



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For an autographed copy, <http://WalkingIntoHistory.com/>

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Review Copies and Media Interviews:

For a review copy of *Hadrian's Wall Path: Walking into History* or an interview with Jane V. Blanchard, please contact (jane@janevblanchard.com or 941-726-6623. When requesting a review copy, please provide street address.

If you would like to receive this information as a Word document, please let us know.